# Indoor Air Quality, Are We Getting the Most from Our IDAQ Investments

Tuesday February 13<sup>th</sup>, 2024 3:10 pm to 4:00 pm Aloeswood Room



Troy W, Miller AIA Education Focus Leader

LHB Architects and Engineers Troy.Miller@LHBcorp.com Cell: 952.448.3357

### 2024 Midwest Facility Masters Conference

February 13-14 • Exhibits on February 13 • Wisconsin Dells





## Agenda

- Post COVID Chatter
- What Are The Key Opportunities
- Systems Being Installed
- What Are The Challenges
- What Is The Research Starting to Tell Us
- What Was Old Is New Again
- Energy Consumption vs Costs
- Questions and Answers





## What Are You Hearing and Doing







## What Are The Key Opportunities

#### CLEAN THE MECHANICAL SYSTEMS

Filter Changes Ductwork Cleaning Outdoor Air Louvers Walls and Roof Around Intakes Mechanical Rooms Louvers and Ceilings

#### **CODE AND OTHER**

Eliminate Fire Walls Address Moisture Issues Roof – Walls - Foundations Replace Mechanical Systems

#### OPERATIONAL

#### **PRACTICES**

Window/Vent Coordination Air Flushing Increase Amount of Outside Air

#### CLEANING PRACTICES

Avoid Using Chemicals Cleaning/Activities Vacume and Dust Often Pay Special Attention to Corners and Under Objects Avoid Using Plastics

#### **Staffing / Equipment**

Staff Training Cleaning/Controls/Hazards Communications What Can't a Machine Do

The EPA tells us there are three basic strategies to improve indoor air quality: Source Control - Improve Ventilation - Consider Air Cleaners





## What Are The Systems Being Installed

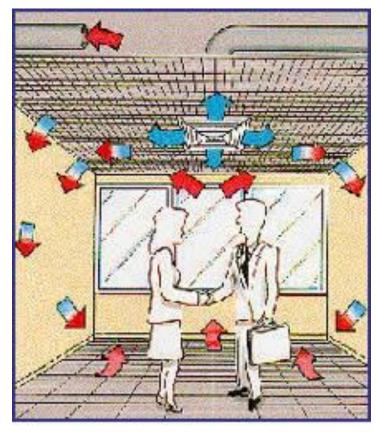
## Mechanical Systems are the most critical component regarding occupant comfort and Indoor Air Quality.

Mixed Variable Air Volume (VAV) Systems

have been the most common systems in schools due to its fast design effort, low installation costs and simple operations.

Supply Air (blue arrows considered fresh air) and Return Air (red arrows considered foul air) diffusers are both located on the ceiling. Fans push the supply air from the ceiling to the floor.

With these types of systems, the higher the ceiling, the harder the fans need to work to push the fresh air to the breathable zone. And typically, the higher the ceiling, the more diffusers are required to more evenly distribute the air over a larger area.



http://www.iklimnet.com





## What Are The Systems Being Installed

#### Air Purifiers

An air purifier or air cleaner is a device which is typically free standing which removes contaminates from the air to improve indoor air quality.

#### HVAC In-Line Bipolar Ionizers

An ionizer is a device which releases a negative ion into the air which attach to particles causing them to clump. The larger clumps can then be caught in filters or fall to the "ground". The by product is the production of ozone.

#### Inline or Room Ultra-Violet (UV) Lights

UV light is a type of electromagnetic radiation which can be used to disinfect and sterilize surfaces.

• Filtration Systems

The higher the MERV number, the denser the filter material and that will help catch smaller particles.

Dehumidification

The reduction of relative humidity which can help improve the environment necessary for growing molds and other harmful contaminates.

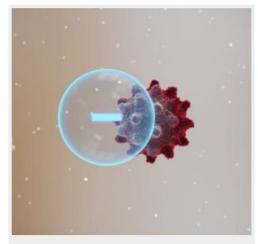


Photo courtesy of globalplasmasolutions.com

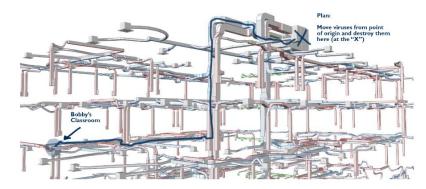


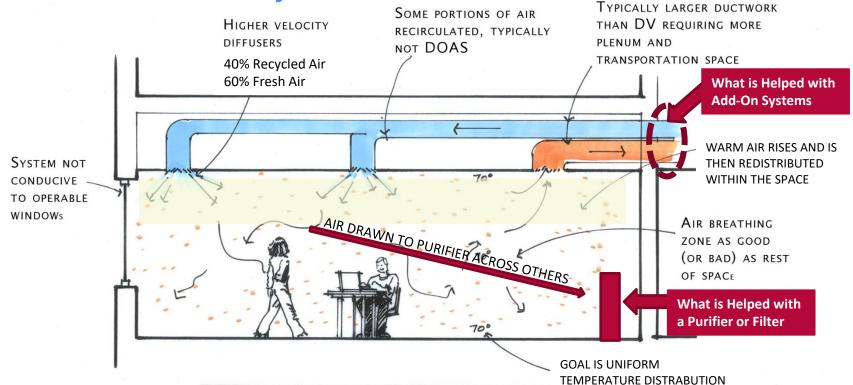
Image by My Engineering Notes





## What Are The Potential Risks Of Systems

### **Traditional Mixed Air System**



#### **Background Noise Levels and Mixing of Air**

- Mixed Air Systems will mix 30% to 55% of the return room air (recycled existing room air). Other systems
  can incorporate 100% outside air without mixing airborne germs/particulates.
- If systems are added to the duct stream or in the room, what are the challenges, risks and the benefits?
- Perceptions are most people's reality.





## What Are The Risks Of All Of These Systems

#### Air Purifiers

These devices work with one of the other technologies. The challenge is cross contamination in rooms with large numbers of occupants.

#### HVAC In-Line Bipolar Ionizers

The effectiveness of some of these systems are being challenged in court. They are ineffective against orders, asthma and the produced ozone causes throat irritation, shortness of breath, and possibly chest pain.

#### • Inline or Room Ultra-Violet (UV) Lights

Direct exposure for humans is never safe. UVA and UVB rays are dangerous to the skin and UVC is damaging to the eyes.

#### Filtration Systems

The higher the MERV number the less energy efficient the system and potentially hazardous the waste.

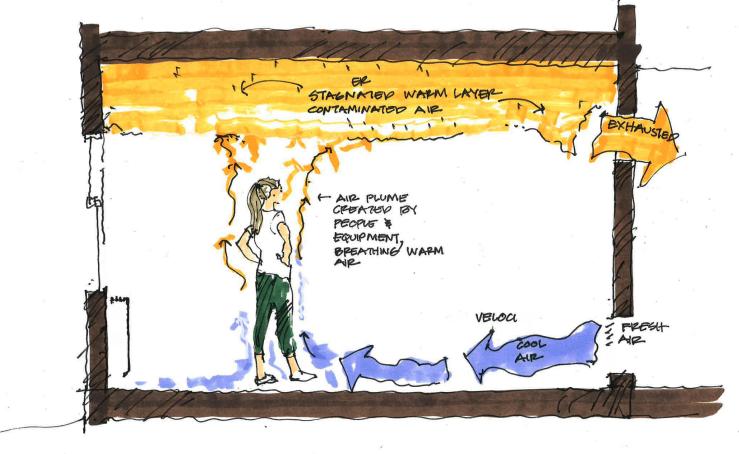








## What Was Old Is New Again



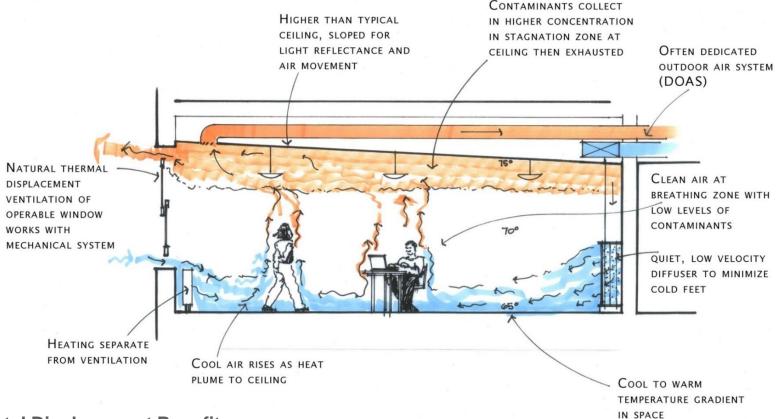
**Displacement Ventilation with Radiant Heating** have been used since the late 1800s and are among the healthiest of systems installed. Supply Air is delivered at a lower temperature at the floor and rises as it warms. Return Air (stagnant air) is removed from the space at the ceiling.





## What Are The Systems Being Installed

### **Total Displacement Ventilation**



#### **Total Displacement Benefits**

A hybrid displacement system is part of our healthy buildings research efforts. The system incorporates 100% outside air. This system has proven to reduce the number of sick days, improved learning/test scores, and improve overall occupant comfort.





## **Comparisons To Other Systems**

### Background Noise Levels

The typical VAV system generates an average of 40 dB of background noise due primarily from fans pushing air from the ceiling to the floor. The Displacement and Conditioned Air Systems are generating and average of 30db (less than half) the background noise levels. This can be a dramatic impact on teaching and learning.

### Energy Efficiency

The Conditioned Air System is the most efficient system due to size reduction/elimination of fans and reduced chiller sizes compared to the other systems. It is generally 30% - 35% more efficient that the VAV system and 5% - 10% more efficient than the typical Displacement system.

### Construction Costs

There are variables regarding the various systems designs, primarily the cooling strategies and the method of providing heating. Displacement was long thought to be more expensive than the VAV systems. However, with the refinements of the Conditioned Air system, this systems has now proven to be equal to or less than the VAV systems.

### Losses Due to Sick Days

The number of days lost due to airborne contaminates is far less to the Condition Air system. It is 4 to 6 days better than typical displacement systems and 18 to 20 days better than the VAV systems. This is primarily due to the mixing of outside air with the return air in a mixing system.





## Other Benefits Of Displaced Conditioned Air

### Reduced Maintenance Costs

Because there are fewer fans and components, there is less to clean and maintain.

### Smaller Duct Sizes

When renovating buildings, there is often a smaller distance between the ceiling and roof structure to place ductwork and other building components. The Conditioned Air System allows for ceilings to be higher and therefore is visually pleasing for renovation projects.

### Filtration Systems

The higher the MERV number, the less efficient the mechanical system are due to the work effort required by fans to push air through the systems. In a post pandemic world, the recommendation is to use a MERV 13 final filter (what is also being used for face masks). The conditioned air system has always used MERV 13 however the other systems have typically been designed with MERV 10 or less. Simply adding a MERV 13 filter to the other systems will decrease energy efficiency, increase background air noise and maintenance costs.

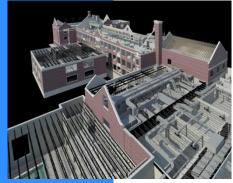
### Dehumidification vs. Air Conditioning

With conditioned air, the system is designed to efficiently reduce the relative humidity rather than rely on the expensive processes of reducing the temperature. Based on the building type, system design and the building density/exposure; the building the design for "occupancy comfort" is maintainable to the low 90's external air temperature.











## Strategies to Achieve Energy Reductions, But There's More?

- Requirements to include strategies to reduce consumption in a COMPREHENSIVE FACILITIES PLAN(S).
- Complete RETROCOMMISSIONING or RECOMMISSIONING to help with staff training and identifying potential building and system improvements/replacement.
- Make energy savings potential a factor in considering CAPITAL PROJECTS or changes in space function.
- Building project REPAIR AND REPLACEMENT is prioritized based on guaranteed energy savings and funds available, thereby freeing up money for other potential projects.
- Energy consumption was made a factor in more aggressively pursuing building/system RIGHTSIZING.
- Compile USER GROUP DATA. Use their comments to guide your goals and let them know how they impacted the process

CONDUCT ENERGY AUDITS AND MEASURE BUILDING PERFORMANCE THE TOOL FOR SYSTEM/BUILDING PERFORMANCE





## Three Areas of Energy Management

### **Energy-efficient operations**

Savings Potential: 7% to 17%

### **Building and systems improvements**

Savings Potential: 5% to 20%

### Beyond the meter: understanding the rate structure

Savings Potential: 1% to 3%







### Managing the Costs and Consumption

407 kW

\$ 944D

1922			MAILING ADDRESS	ACCO	ACCOUNT NUMBER				
<b>O Xcel</b> Energy*			SCHOOL DISTRICT JSINESS SERVICES	51-	51-6795009-8				
			NNYFIELD RD E	STATEMENT NU	WBER STATEMENT DATE				
		MOUND	MN 55364-8250	530672653	3 01/10/2017				
METER READING INFORMAT METER 17956112 - Multiplier		A STATE	Re	ad Dates: 11/22/16 - 12/27 MEASURED	/16 (35 Days) BILLED				
DESCRIPTION	CURRENT RE	EADING	PREVIOUS READING	USAGE	USAGE				
Firm Demand		Actual			250 kW				
Interrupt Demand		Actual			157 kW				
Demand		Actual			407 kW				

Power Factor Demand	91.66%	12		
ELECTRICITY CHARGES		RATE: P	eak Controlled Service	
DESCRIPTION	USAGE	UNITS	RATE	CHARGE
Basic Service Chg				\$55.00
Energy Charge	160617	kWh	\$0.032010	\$5,141.35
Fuel Cost Charge	160617	kWh	\$0.024360	\$3,912.59
Firm Demand Winter	250	kW	\$9.960000	\$2,490.00
Controllable Demnd	157	kW	\$8.210000	\$1,288.97
Affordability Chrg				\$2.79
Resource Adjustment				\$861.20
Interim Rate Adj				\$695.59
Total				\$14,447.49

Predetermined Demand Level 250

**Premises Total** 

Billable Demand

\$5,007.10

DAILY AVERAGES	Last Year	This Year
Temperature	32° F	24* F
Electricity kWh	4321.0	13492.6
Electricity Cost	\$1,589.53	\$1,327.52

2017 Invision

#### **Xcel Energy Invoice**

Strategic Goal Review

Highlig	nts of January 2017 Invoid	.e.		Last Year	This Year		
Page	Building	Program	Demand Level	Daily Average	Daily Average	<b>Savings</b>	
3	Hilltop Elementary	Peak Controlled	50	228.29	129.45	98.84	
4	Mound Westonka HS*	Peak Controlled	250	1,589.53	1,327.52	262.01	
11	Grandview MS	Peak Controlled	50	316.61	149.42	167.19	
19	Shirley Hill Elementary	Peak Controlled	50	188.89	94.08	94.81	

\*Credit applied to MWHS invoice in the amount of \$9,440.39.

			AM				i ime			٢	IVI				
12	2	2	4	6	8	10	12	2	4 	6	8	10	12	Hr	s/Day
Monday					12				-314	54		6		17.5	hour
Tuesday														11.5	hour
Wednesday														11.5	hour
Thursday										i.				-	hour
Friday										i.					hour
Saturday	-		<b>`</b>							i					hour
Sunday					<b>∹</b> 4≻									-	hour
	_			-				-							
														88.0	hrs/v
Proposed AHU	J2 Op	perati	ng So	chec	lule										
			AM				Time				М				
1:	2	2	4	6	8	10	12	2		6	8	10	12	Hr	s/Day
Monday			1		12				-{ <mark>3</mark> {4	25 r		6		15.5	hour
Tuesday										1				13.5	hour
Wednesday				T						1					hour
Thursday	-			Ħ						1				-	hour
Friday	-			Ħ						1	-				hour
Saturday			-	1						÷				-	hour
Sunday			FR	4							6,			-	hour
Jonady	_			-				-							
time to the second	(							_						76.5	hrs/v
<u>Symbol Key</u>	i	Pe	ak De	mand	d Charo	les			AHU	Opera	ting				
		Staff a	and St	uden	ts Arri	ve	- 4	}	Activitie	es Begin	1				
	2	Classe	es Bea	in			<5	3	Classroo	om Staf	f Depar	t			
	3	Classe							Activitie						
	<b>13</b> 7	Classe	s End				20	ſ	ACTIVITIE	es End					
			stem	opera						nfort du	ring oco	upied ł	nours		
A. How long can w							(D)	DC)							
A. How long can w 8. Can schedules b	be adju	usted to	o avoid					/							
A. How long can w 8. Can schedules b 2. Can avoiding Pl	e adju DC als	usted to o reduc	o avoid ce the	hours	s of op	eratio	n i								
A. How long can w B. Can schedules b C. Can avoiding Pl D. Can temperatu	be adju DC also res be	o reduce	o avoid ce the ed duri	hours ng Ad	s of op ctivitie	eratio s (athl	etics) an		ill maint	tain occ	upant c	omfort			
A. How long can w 8. Can schedules b 2. Can avoiding Pl	be adju DC also res be ve to c	o reduce reduce	o avoid ce the ed duri e nigh	hours ng Ao t set-	s of op ctivitie back s	eration s (athl chedu	etics) an	d st	ill maint	tain occ	upant c	omfort			





## **Questions & Answers**

# Indoor Air Quality, are We getting the Most from our IDAQ Investments

Call or Email Anytime!

Troy W, Miller AIA Education Focus Leader LHB Architects and Engineers Troy.Miller@LHBcorp.com Cell: 952.448.3357



