Self-Funded Health Insurance Basics

Keith Lucius - Assistant Superintendent, Ashwaubenon School District

What is Self-Funded Health Insurance?

- The District becomes the insurance company
- Instead of paying premiums to insurance company, the District retains the premium equivalent and uses it to pay actual claims and fees
- District hires a TPA (Third Party Administrator) to review and pay claims according to insurance plan document
- District buys Stop Loss insurance to protect against large claims
 - Aggregate Stop Loss coverage protects against total claims for the plan
 - **Specific Stop Loss** protects against high claims for an **individual** insured
- District saves profit margin that Insurance company would retain

Possible Cost Savings of Self-Funding Compared to Fully Insured Plans

- District can customize coverages and does not have an insurance company making changes without your approval/review
- Insurance company maintains a profit margin and must cover overhead costs (i.e. marketing)
- Data on actual usage can help staff understand the importance of being a smart user of health care
- Ability to bid out and/or negotiate stop loss insurance coverage
 - Fully Insured plans may only use one stop loss carrier and other clients bad experience may impact your rate
 - Multiple proposals allow you to select the lowest cost option
 - You can negotiate with the stop loss provider and explain what is being done to reduce future claims (very valuable after a high claim year)

Possible Cost Savings of Self-Funding Compared to Fully Insured Plans

- You can add low cost providers and provide incentives for staff to use them
 - Smart Choice MRI
 - NOVO network
 - Patient Care
 - On-site clinic
- Bid out Network selection to find best discounts
- Prescription Benefit manager selection
 - Negotiate discounts/rebates
 - Mail order programs
 - Step therapy
- Cash balance from premium equivalents can reduce cash flow borrowing

Insurance Consultant Services

Consultant can help with

- Plan benefits
 - ▶ Keeping benefits current with what is in other insurance plans
 - ▶ Estimating savings of possible benefit changes
- Administration and compliance
- Bidding out stop loss protections
- Network/provider agreements
 - Negotiating network discounts
 - ▶ Identifying providers that are in network
 - ▶ Transition comparison of networks when bidding out
- Prescription Drug provider
- other plan providers (i.e. EAP, clinic partner...)

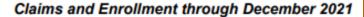
How Ashwaubenon Handles Premium Equivalents

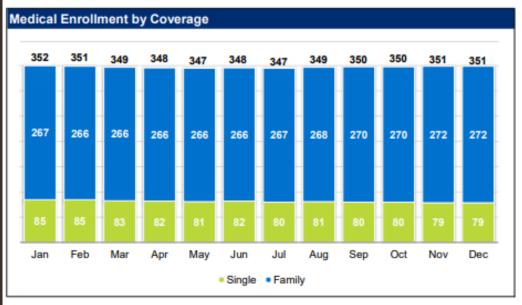
- Instead of sending premiums to insurance company, we move the premium equivalents into a separate SFI (Self-Funded Insurance) checking account
- TPA and/or Network authorizes/verifies charges from medical providers and issues checks and ACHs from the SFI account
- Unused balance at the end of the year is carried over for future health insurance claims
 - What is an appropriate amount to have at year end?
 - What happens if there is a shortfall?
 - What has been Incurred But Not Reported (IBNR)?

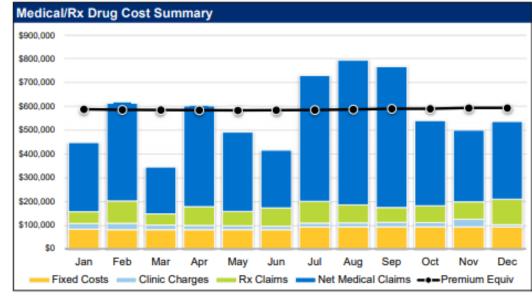
Staff Insurance Committee

- Important to have input and understanding of staff leaders
 - Builds trust
 - Helps ensure that benefits are helping attract and retain staff
 - Evaluate special programs/incentives to determine if they are valuable
 - NOVO packaged services
 - Smart Choice MRI
 - ► Health Risk Assessment
 - They help communicate plan changes and the need for change
 - ▶ They give input on rate setting for the next year
 - District makes final decision on benefits, but the input is valuable and staff know about what was considered when making decisions
 - No names are used in committee privacy of information must be maintained
- Monthly reports on plan usage and account balance

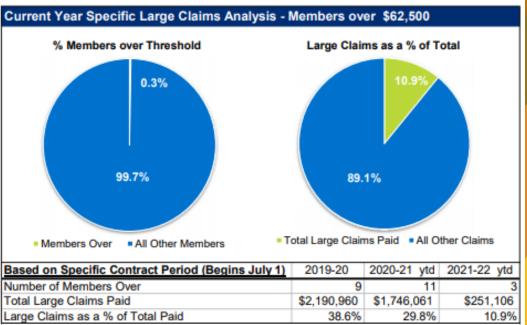
2021 Medical/Rx Drug Plan Performance











Included in SFI Account

- In Ashwaubenon:
 - Medical Claims
 - Dental Claims
 - Prescription Drug Claims and Rebates
 - Consultant fees
 - Stop Loss Insurance
 - Flex payments when spent (unspent balance is not included)
 - On-site clinic costs
 - Wellness program costs
 - Staff incentives for using low-cost providers (Smart Choice MRI)

Reconcile Actual Claims to Premium Equivalents

- This is a BIG difference between self-funded and fully insured programs
- Year end total health and dental expenditures must match actual claims and IBNR
- Adjustment made to expenditure accounts used in payroll
- ▶ This must be done at year end, but we recommend doing it monthly
- Depending on the year, this can significantly change expenditures
 - Do you adjust other expenditures if you are over or under budget
 - Impact District total cost and following year Equalization Aid
 - ▶ Impact current year grant claims

Entries - When Payroll is run

- Cash is transferred from our operating bank account into the SFI account (instead of issuing a check to Insurance company)
- Transfer amount is posted by payroll system in account 10 L 8151xx
- Debit SFI cash 10 A 711301 \$200,000
- Credit Operating cash 10 A 711000 \$200,000

Paying Claims and Other Fees

- When the TPA/Network pays medical claims, dental claims, Flex payments...
 - ► TPA/Network Issues checks from the SFI account once a week
 - We send positive pay file to bank for checks issued
 - Post Journal Entry for total of payments monthly
 - ▶ Debit Payable account 10 L 8151xx \$1,000
 - Credit SFI Cash 10 A 711301 \$1,000

Questions?

Send follow up questions to Keith Lucius klucius@ashwaubenonk12.org